

Any questions?

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WE'RE IN THE HOME STRETCH!

Q: What can I do to support my student academically?

- If you're not already, keep checking Infinite Campus to make sure assignments are turned in.
- Support your student in creating a system to help organize homework, deadlines, tests/quizzes, etc.

Q: Grades are a concern. When can students get support?

- Before or after school by appt.
- During lunch/study hall either in a support room or drop-in center
- Outside tutoring if possible (Contact division chairs for a subject specific list of tutors!)

Q: Where should I start?

 Communicate with the teacher-they can share academic behaviors that might be preventing your student from reaching their full potential. Students at risk for failing a class should be meeting with teachers for help.

Mental Health resources

- NAMI Metro Suburban
- The Loft at 8 Corners
 - All services are free and available 7-days a week to high school aged teens and families on a walk-in or scheduled basis.
- Pillars Community Health
- Referral GPS
 - To locate Mental Health and Substance Use Treatment Resources

Important Dates:

- April 3-April 18: <u>Student</u>
 <u>Government (Class Board)</u>

 <u>Applications</u>
- April 4: Lyons First Movie Night
 - For first gen college bound students & families, 6pm Reber Center
- April 7: No school
- April 12: PSAT 10
- April 12: College Fair Night
 - o North Campus Fieldhouse, 6-8pm
- April 13: Day 2 of PSAT testing
 - For students with 2 day accommodations
 - One day testers will have an asynchronous day
- April 13: Successful Parenting Virtual Class
 - (Free-register online)
- April 24-May 1st: Group Guidance
 - (Transition to North Campus)
- April 24-April 28: Teacher/Staff Appreciation week
- May 1-15: <u>AP Testing</u>
- May 9th: <u>Young Hearts for Life</u> (YH4L) screening
- May 23: Yearbook distribution
- May 29: No school
- May 30-June 1: Final Exams
- 5/31: PSAT/NMSQT Summer Prep Class Registration Deadline
- 2023-2024 Full calendar (next year!)





- Test Prep
- Summer Test Prep
- Fall Test: PSA/NMSQT (offered in October)
- ACT vs. SAT
- <u>Digital SAT Overview</u>
- The Testing office will send out info on accessing/using PSAT 10 scores when they are available (typically late June/early July).
- Compass Education Group Resource Center
- Fairtest list of Test Optional Colleges

COLLEGE →

- The College Tour: The College Tour is a TV series brought to you by multiaward winning producers. The series tells the story of colleges and universities around the world.
- LTHS College and Career Planning Guide
- Lessons Learned About College Visits
- Making the most of College Visits
- LTHS Scholarship Tracker

READING/VIEWING SUGGESTIONS

- Staying Mentally Healthy Over the Summer
- Summer Reading List! (Look at the 11th grade list/AP list if appl)
- **Anxiety and Adolescent Stress:** Navigating Teen Mental Health
- Volunteer Opportunity Resources
- <u>Tips for Healthy Social Media Use:</u> M For Parents and Teens
- <u>Pre-College Summer Programs</u>
- Teen Life: Academic and **Experiential Opportunities for** Teens
- Ways to get involved at LT **⋈**
- High School Counselor Week Weekly stories, facts, trends, and other information from around the country

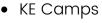


Visit the <u>Student Job Board</u> to learn more about Work Permits and Local Job Opportunities, including:





Pisa Pizza



• Gemini Gymnastics







Panda Express