

CLASS OF 2025

Finish Line
Just Ahead



PARENT NEWSLETTER

Sophomores / Quarter 4

Any questions?

- A-FAY: [Lauren Cuchna](#)
- FE - LE: [Alex Ip](#)
- LI - RAD: [Kristen Sisto](#)
- RAH - Z: [Tammy Miller](#)
- Social Worker: [Pam Locke](#)

WE'RE IN THE HOME STRETCH!

Q: What can I do to support my student academically?

- If you're not already, keep checking Infinite Campus to make sure assignments are turned in.
- Support your student in creating a system to help organize homework, deadlines, tests/quizzes, etc.

Q: Grades are a concern. When can students get support?

- Before or after school by appt.
- During lunch/study hall either in a support room or drop-in center
- Outside tutoring if possible (Contact division chairs for a subject specific list of tutors!)

Q: Where should I start?

- Communicate with the teacher—they can share academic behaviors that might be preventing your student from reaching their full potential. Students at risk for failing a class should be meeting with teachers for help.

Mental Health resources

- [NAMI Metro Suburban](#)
- [The Loft at 8 Corners](#)
 - All services are free and available 7-days a week to high school aged teens and families on a walk-in or scheduled basis.
- [Pillars Community Health](#)
- [Referral GPS](#)
 - To locate Mental Health and Substance Use Treatment Resources

Important Dates:

- April 3-April 18: Student Government (Class Board) Applications
- April 4: Lyons First Movie Night
 - For first gen college bound students & families, 6pm Reber Center
- April 7: No school
- April 12: PSAT 10
- April 12: College Fair Night
 - North Campus Fieldhouse, 6-8pm
- April 13: Day 2 of PSAT testing
 - For students with 2 day accommodations
 - **One day testers will have an asynchronous day**
- April 13: Successful Parenting Virtual Class
 - (Free-register online)
- April 24-May 1st: Group Guidance
 - (Transition to North Campus)
- April 24-April 28: Teacher/Staff Appreciation week
- May 1-15: AP Testing
- May 9th: Young Hearts for Life (YH4L) screening
- May 23: Yearbook distribution
- May 29: No school
- May 30-June 1: Final Exams
- 5/31: PSAT/NMSQT Summer Prep Class Registration Deadline
- 2023-2024 Full calendar (next year!)

3,2,1 Summer!



- [Test Prep](#)
- [Summer Test Prep](#)
- [Fall Test: PSA/NMSQT](#) (offered in October)
- [ACT vs. SAT](#)
- [Digital SAT Overview](#)
- The Testing office will send out info on accessing/using PSAT 10 scores when they are available (typically late June/early July).
- [Compass Education Group Resource Center](#)
- [Fairtest list of Test Optional Colleges](#)

COLLEGE →

- [The College Tour](#): The College Tour is a TV series brought to you by multi-award winning producers. The series tells the story of colleges and universities around the world.
- [LTHS College and Career Planning Guide](#)
- [Lessons Learned About College Visits](#)
- [Making the most of College Visits](#)
- [LTHS Scholarship Tracker](#)

READING/VIEWING SUGGESTIONS

- ✓ [Staying Mentally Healthy Over the Summer](#)
- ✓ [Summer Reading List!](#) (Look at the 11th grade list/AP list if appl)
- ✓ [Anxiety and Adolescent Stress: Navigating Teen Mental Health](#)
- ✓ [Volunteer Opportunity Resources](#)
- ✓ [Tips for Healthy Social Media Use: For Parents and Teens](#)
- ✓ [Pre-College Summer Programs](#)
- ✓ [Teen Life: Academic and Experiential Opportunities for Teens](#)
- ✓ [Ways to get involved at LT](#)
- ✓ [High School Counselor Week](#)
Weekly stories, facts, trends, and other information from around the country



Visit the [Student Job Board](#) to learn more about Work Permits and Local Job Opportunities, including:

- Brookfield Zoo
- LG Park District
- KE Camps
- Pisa Pizza
- Panda Express
- Gemini Gymnastics

