



# **Sophomore January Group Guidance Class of 2025**



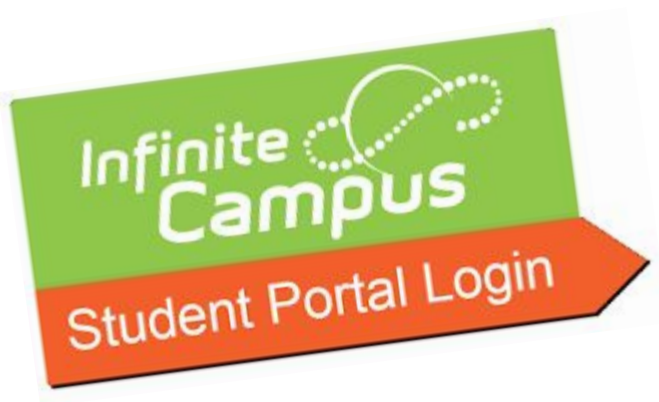
- ★ **SIT WITH YOUR PE/HEALTH CLASS**
- ★ **Please Pick Up a COURSE REQUEST SHEET - Located up in front!**
- ★ **NO CHROMEBOOKS OR PHONES!**
- ★ **PAY ATTENTION**

**\*\* Brought to you by your Sophomore Counseling Team \*\***  
**Ms. Cuchna, Mr. Ip, Ms. Sisto, Mrs. Miller**

# Registration Timeline

- **1/20:** Registration Presentations, Instructions and fillable worksheet posted on Counseling Class of 2025 Canvas page
- **1/23 - 1/25:** Counselors available in cafeteria during lunches for assistance and early registration.
- **1/26 – 2/17:** Individual Appointment with your counselor during your English class (English teachers will notify you of specific date and calendar will be posted on Canvas)
- **2/21:** Course requests sent to students/guardians for final confirmation
- **2/23:** Last day to make course request changes

**Once the courses are locked 2/23/2023 no adjustments are able to be made until the beginning of semester one junior year**



# Transcripts

- Review your Transcript to determine the credits that you have left to graduate
- Your unofficial transcript is available on Infinite Campus
  - Login
  - Click “Documents”
  - Click “Unofficial Transcript” which is located under “Transcripts”



**KEEP IN MIND!!**

# **LTHS 4 Year Plan**



## **LTHS Graduation Requirements:**

- English - 4 Years (4 Credits)
- Math - 3 Years (3 Credits)
- World History - 1 Year (1 Credit)
- U.S History - 1 Year (1 Credit)
- Civics - 1 Semester (.5 Credits)
- Science - 2 Years (2 Credits)
- P.E. - 3.5 Years (3.5 Credits)
- Health - 1 Semester (.5 Credits)
- Consumer Ed - 1 Semester (.5 Credits)
- Driver's Ed - 1 Semester (.5 Credits)
- Creative/Practical Art - 1 Year (1 Credit)
- Electives - 5.5 Credits

**Total = 23 Credits**

## **Illinois College & University Graduation Requirements:**

- English - 4 Years (4 Credits)
- Math - 3 or 4 Years (3 or 4 Credits)
- Science - 2 or 3 Years (2 or 3 Credits)
- Social Studies - 3 Years (3 Credits)
- Foreign Language, Music, Art,  
Business or Vocational Ed - 2 Years (2  
Credits)

**Total = 9-12 Credits**



# Keep in mind... College Requirements

Subject	LTHS Requirements	Community College/ Vocational School Requirements	IL Public University Requirements	Highly Selective College/ University Recommendations
English	4 years	4 years	4 years-written & oral communication	4 years-Honors/AP when possible
Mathematics	3 years	3 years- Alg/Geo/Alg II	3 years- (4 recommended) through Geometry & Advanced Alg/Trig	4 years- including trig/pre-calc & analytic geometry
Social Studies	1 year World History 1 year US History ½ year civics	2.5-3 years	3 years- Depending upon college	4 years- US/World
Science	2 years	2 years of lab science	3 years lab sciences- prefer bio/chem./physics	3-4 years lab science- prefer bio/chem./physics
Foreign Language	Recommended but not required	0-2 years of the same language	Minimum 2 years of the same language Depending upon college (or music/art/vocational)	4 years of the same language
Fine/Applied Arts	1 year Creative/Practical Arts	Courses in proposed career	(See foreign language)	(see individual institution)
Additional Requirements	.5 Health .5 Consumer Ed .5 Drivers Ed. 3.5 PE 5.5 Electives			

**\*\*\*Requirements vary by individual institution. This is a general guideline only.\*\*\***

**\*\*\*\*\*It is your responsibility to verify institution entrance requirements \*\*\*\*\***

# Junior Year Course Worksheet 2023-24: [click here](#)



LYONS TOWNSHIP HIGH SCHOOL DISTRICT 204

## JUNIOR YEAR COURSE REQUEST WORKSHEET

STUDENT NAME: \_\_\_\_\_  
Please Print (Last) (First) (ID Number)

### FIRST SEMESTER

#### REQUIRED COURSES:

1. \_\_\_\_\_  
English
2. \_\_\_\_\_  
Math
3. \_\_\_\_\_  
Physical Ed
4. \_\_\_\_\_  
US History

#### REQUESTED COURSES:

5. \_\_\_\_\_  
Science or Elective of Choice
6. \_\_\_\_\_  
Elective
7. \_\_\_\_\_  
Elective

### SECOND SEMESTER

#### REQUIRED COURSES:

1. \_\_\_\_\_  
English
2. \_\_\_\_\_  
Math
3. \_\_\_\_\_  
Physical Ed
4. \_\_\_\_\_  
US History

#### REQUESTED COURSES:

5. \_\_\_\_\_  
Science or Elective of Choice
6. \_\_\_\_\_  
Elective
7. \_\_\_\_\_  
Elective

*\* Consumer Economics is a required course students can take during junior year, senior year or summer school*

**ALTERNATE COURSES:** Please select additional courses in order of importance you would like to take, from 1 to 4:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**PE ALTERNATE COURSE:** Please select one additional PE ALTERNATE in case your selection(s) are full:

1. \_\_\_\_\_  
PE Alternate

*Alternate subjects not filled in by the student gives LTHS permission to select subjects in case of conflicts.*

**Audition & Application Courses:** Mark with an 'X' the alternate course you want if NOT accepted

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Summer School Plans:** Registration for Summer School is completed online at <https://www.lths.net/domain/201>. This is for counselor information only.



## Prep Level Courses

- **English III Prep: American Studies** (year-long course, team-taught combination with U.S. History in a two-hour block)

- **English III Prep: American Literature and Composition** (year-long course)

## Accel Level Courses

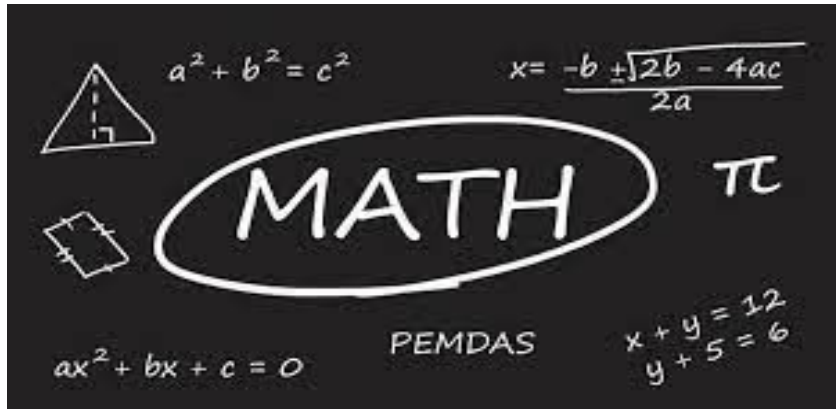
- **English III Accel: American Studies** (year-long course, team-taught combination with U.S. History in a two-hour block)

- **English III Accel: American Literature and Composition** (year-long course)

## Honors / AP Courses

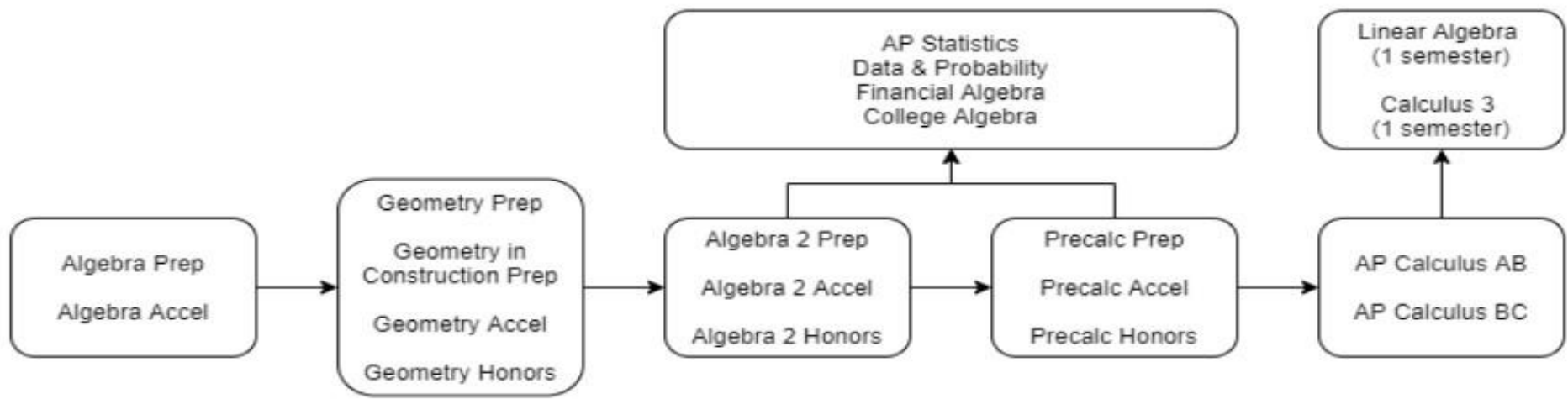
**English III AP Language and Composition** (Year-long course, prepares you for the AP Language and Composition exam)





- ★ Follow your math sequence from the APG
- ★ Make sure you consult with your math teacher
- ★ Math 3 Year Requirement at LT

Math Curriculum Map and Level Guidelines





# Physical Welfare

## PE Credit

- Exercise Physiology\* (Accel)
- SCUBA Diving\* (can only take SCUBA one semester per year, see *prerequisites*)
- Applied Personal Fitness
- Sports Officiating\*
- Dance Arts\*
- Dance Fitness
- Basic Self Defense
- Yoga

## PE or Creative Art

- Dance Arts

## Non PE credit (Electives)

- Family Health Issues\*
- Introduction to Sports Medicine\* (Accel)



**\*Check APG for Prerequisites**

# ATHLETIC STUDY HALL

- Junior and Senior students only (Illinois School Code)
- Only for in-season sports here at LT (no club sports)
- The process happens completely through Physical Welfare and Athletic Departments
  - Signatures from PE teacher, coach and parents
- Students will **receive a grade** for PE if they are in class for 50% or more of the class periods during the semester.
- Students will **receive a credit** for PE if they are out of the class more than 50% of the class periods during the semester
- Return to class as soon as student's season ends.

**In order to be eligible for Athletic Study Hall you must sign up for:**

- PE III/IV or
- Sports Officiating
- Dance Fitness
- Yoga



## Prep Level Courses

# US History Prep

- **U.S. History Prep American Studies**  
(year-long course, team-taught combination with English in a two-hour block)

## Accel Level Courses

## U.S. History Accel

- **US History Accel American Studies**  
(year-long course, team-taught combination with English in a two-hour block)

## Honors / AP Courses

**U.S. History AP** (year-long course, prepares you for the AP US History exam)

# **Social Studies Electives**

**(most colleges require 3 credits of social studies)**

**Constitutional Law**

**Economics**

**Intro to Psychology**

**Sociology**



**AP United States Government &  
Politics**

**AP Comparative Government &  
Politics**

**AP Macroeconomics**

**AP Microeconomics**

**AP Psychology**

**AP European History**



**LTHS has a 2 year science requirement. However most colleges require 3+ science credits. It is important that you begin to look at college requirements to the colleges you are considering.**

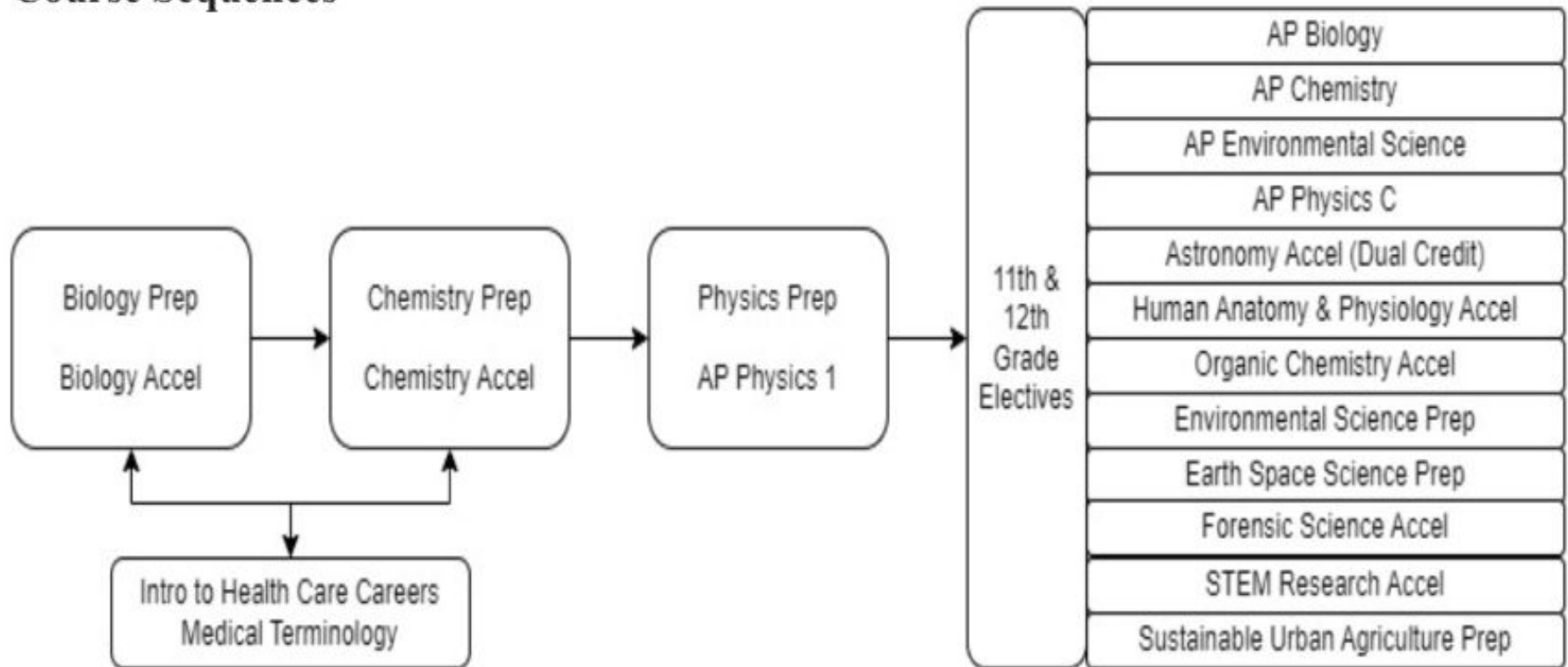
**The typical science classes that colleges look for are:  
Biology — Chemistry — Physics**

**There are many science options listed in the APG Your science teacher will be talking to you about science classes and options.**

**Make sure you are looking at the prerequisites and course details. There are not as many sections of these courses at NC since we offer so many more science electives.**

# Science Course Sequence/Options

## Course Sequences





# World Languages

**Not required for graduation from LT**  
**College Admission Requirements**



- Check intended colleges' admission requirements
- World Language requirements are college/university specific
- There may be a difference between admission requirements and graduation requirements from a specific college/university.

## Regular Course Sequence

American Sign Language			
9	10	11	12
I Prep	II Prep	Expressive Language Accel/ Receptive Communication Accel	Receptive Communication Accel/ Expressive Language Accel
I Accel	II Accel		

French			
9	10	11	12
I Prep	II Prep	III Accel or III Honors (ACP)	IV Accel or IV Honors (ACP)
I Accel	II Accel		
II Prep	III Accel or III Honors	IV Accel or IV Honors (ACP)	V Accel or AP (Hon)
II Accel			

German			
9	10	11	12
I Prep	II Prep	Communication Accel/ Language Accel	Language Accel/ Communication Accel
I Accel	II Accel		

Italian			
9	10	11	12
I Prep	II Prep	III Accel	IV Accel or AP (Hon)
I Accel	II Accel		

Latin			
9	10	11	12
I Prep	II Prep	Poetry Accel/Prose Accel	Prose Accel/Poetry Accel/ AP (Hon)
I Accel	II Accel		

Spanish			
9	10	11	12
I Prep	II Prep	III Accel or III Honors (ACP)	IV Accel or IV Honors (ACP)
I Accel	II Accel		
II Prep	III Accel or III Honors (ACP)	IV Accel or IV Honors (ACP)	V Accel or AP (Hon)
II Accel			
Speakers	Speakers	III Hon (ACP), IV Hon (ACP) or AP (Hon)	IV Honors or AP (Hon)

# Electives

## 1.0 Credit of Practical and/or Creative Art Credit Required to Graduate

- These are your electives such as classes taken in Applied Technology, Art, Family and Consumer Science, Business Education, Music, Language Arts electives, etc.
- See both the APG and elective video presentations for course description, pre-reqs, and availability.
  - [Elective video presentations](#)
  - [2023 - 2024 APG online](#)
  - [Junior Course Offering Sheet 2023-2024](#)



**\*\* FIND CLASSES RELATED TO YOUR INTERESTS \*\***

## **Consumer Economics**

- **MUST take Consumer Education Class to graduate.**
- 1 semester course
- Level III only
- Can take Junior year, Summer (this summer or next), or Senior year
- **Popular summer school option, also available online in summer.**

## **Driver's Ed**

- Classroom portion needed for graduation
- If completed outside of LTHS submit letter of completion or Driver's License to the secretary in the counseling office or to your counselor
- The .5 credit is needed on your transcript in order to graduate



### 18 Career and Technical Programs Offered

- College Articulated Credit
- Practical Art credit
- Licensure
- Certification
- 3 credits per year towards graduation
- 30 minutes from LT
- Most students take senior year since it fits easier but some plan for both junior and senior year
- TCD in the morning, then come back to LTHS for lunch plus 3 classes (typically English, PE, and another required class)

**\*\* Must complete ALL LTHS graduation requirements**

**Talk to your counselor during your individual meeting about TCD if you are interested**

A separate application is required along with careful 2 year planning with your counselor.

Parent signatures will be required for these programs and registration.

**If you sign up for a program, you cannot change your mind. All programs fill up.**

**CAREER →  
PATHWAYS**

**\*\* Scheduled lunch/SH TCD registration w Counselors 2/27 \*\***



## **In-District Registration begins February 21st - 26th**

Registration is ONLINE only, at [www.lths.net](http://www.lths.net) – Summer School  
<https://www.lths.net/summer>

- Registration becomes a lottery with seniors getting priority.
- After March 6th, registration will be based on a first come first serve basis and as long as classes are still available.
- As classes fill up, they are removed from the website and you must call the summer school office to get your name put on the waitlist.



## **NEXT STEPS of Registration Process:**

- **1/26 – 2/17:** Individual Appointment with your counselor during your English class (English teachers will notify you of specific date) Talk to your teachers and work with parent/guardian on junior courses using the provided junior year course worksheet, LT website, APG, and information provided.
- **2/21:** Course requests sent to students/guardians for final confirmation
- **2/23: Last day to make course request changes**

**QUESTIONS WILL BE ANSWERED AND HELP PROVIDED BY YOUR COUNSELOR DURING YOUR SCHEDULED MEETING. BRING YOUR COMPLETED AND SIGNED JUNIOR YEAR COURSE WORKSHEET TO THE MEETING!**

# SUPPLEMENTAL INFORMATION TO ASSIST WITH COURSE SELECTION

Available at [WWW.LTHS.NET](http://WWW.LTHS.NET) for your review during the registration process:

- Registration PowerPoint Presentation
- 2023 - 2024 [APG online](#)
- [Junior Course Offering Sheet 2023-2024](#)
- All information is posted on Canvas (Sophomore Counselor Page)



**\*\* CHECK CANVAS FOR SCHEDULED ENGLISH REGISTRATION  
DATE - BRING COMPLETED FORMS WITH PARENT/GUARDIAN  
SIGNATURE \*\***