

MEET THE

Counselor

Ms. Kristen Sisto

WELCOME

Hello, class of 2025! My name is Ms. Sisto and I am so excited to work with all of you! I provide academic, social emotional, and college/career counseling services for students with the last names that fall between **Li-Rad**.

CONTACT

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ALL ABOUT ME

I received my Bachelor's Degree in Psychology with a minor in Sociology and Master's Degree in School Counseling from Lewis University (Go Flyers!).

This will be my fifth school year at LTHS! I have worked in both the College/Career Center and Counseling Office, and am fortunate to call LT my home away from home.



THESE ARE A FEW OF MY FAVORITE THINGS..

Activities: walks, runs, bike rides, reading, traveling, puzzles, spending time with family and friends

Food: tacos, donuts, breakfast skillet

Stores: Amazon, Target, Starbucks, Chipotle

Music: Brett Eldredge, Dermot Kennedy, John Mayer, Coldplay