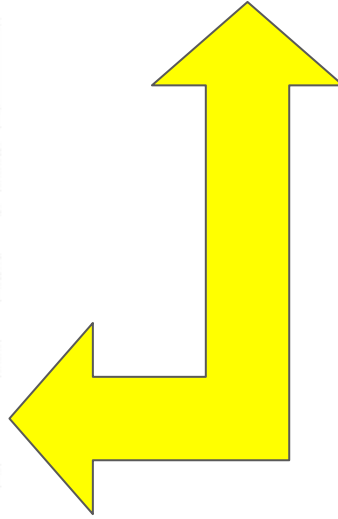
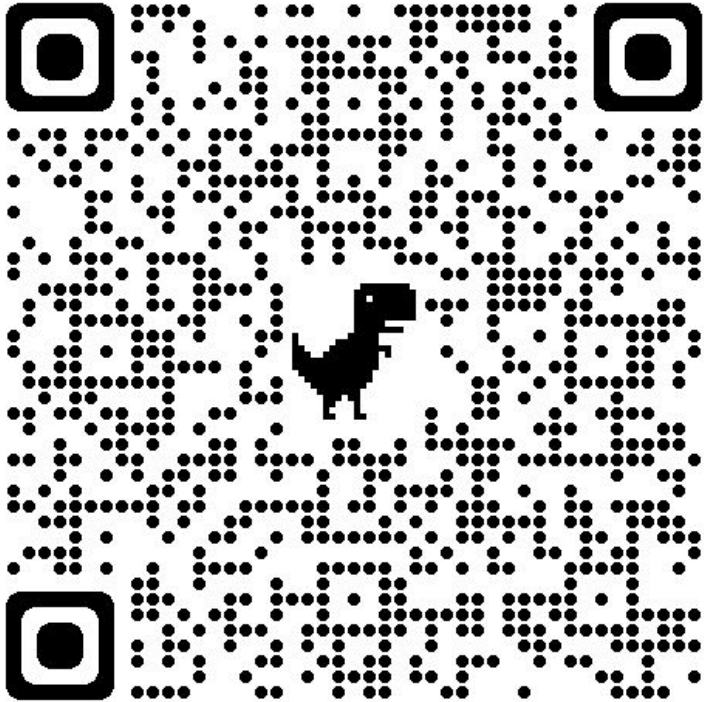


Complete this short survey!

CLASS OF
25
LTHS LIONS



[Survey Link](#)



Sophomore Group Guidance



Class 2025



- ★ Your Counselor
- ★ Academic & SEL Supports
- ★ Naviance - College/Career Tool)
- ★ Career Exploration & Future Planning



Your Journey Continues - Welcome Back!

Sophomore Class Dream Team

Counselors

Ms. Cuchna (A-FAY)
708-579-6514
[**lcuchna@lths.net**](mailto:lcuchna@lths.net)

Mr. Ip (FE-LE)
708-579-6509
[**aip@lths.net**](mailto:aip@lths.net)

Ms. Sisto (LI-RAD)
708-579-6513
[**ksisto@lths.net**](mailto:ksisto@lths.net)

Mrs. Miller (RAH-Z)
708-579-6507
[**tmiller@lths.net**](mailto:tmiller@lths.net)



Social Worker

Ms. Pam Locke
708-579-6518
[**plocke@lths.net**](mailto:plocke@lths.net)

Assistant Principal

Mr. Adam Davis
708-579-6528
[**adavis@lths.net**](mailto:adavis@lths.net)

CLASS OF
25
LTHS LIONS

Where & How?

Counselors are located in A105 - across from Attendance/AP Office.

- ★ Complete a Conference Request Form (fill out in counseling office and drop in their mailbox)
- ★ Stop in before/after school OR lunch/study
- ★ Email
- ★ Phone



What?

Group Guidance & Individual Meetings

Freshman Year:

- ★ Transition
- ★ Academic
- ★ Social Emotional

Sophomore Year:

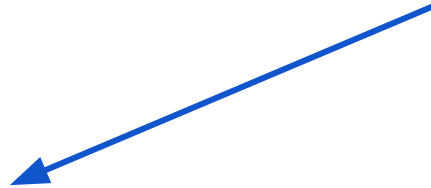
- ★ Academic
- ★ Social Emotional
- ★ Career

Junior Year:

- ★ Academic
- ★ Post High School Options & Exploration
- ★ Social Emotional

Senior Year:

- ★ Academic
- ★ Post High School Plan
- ★ Social Emotional



When?

Current & Future Group Guidance

Session One: September

- ★ Career Exploration/Planning
- ★ Game Plan Survey
- ★ Career Resources
- ★ Connecting 4-Year Plan
- ★ TCD Field Trip
- ★ HOBY Scholarship

Session Two: November

- ★ Stress Management
- ★ Finding Balance
- ★ Learning to BREATHE
- ★ TCD Field Trip Reminder

Session Three: Jan/Feb

- ★ Course Selection
- ★ Preparing for Junior Year
- ★ Registration Appointments

Session Four: May

- ★ Finish Strong
- ★ End of Year Survey
- ★ NC Transition Skills



NAVIANCE



canvas



Now is **YOUR** Time! Get Connected!

**GET
INVOLVED!**

- **Get Involved -**
 - **Activities**
 - **Community Service**
 - **Job**
- **Leadership Roles & Experiences**
- **Snowball**
- **Use your LT email and IC to communicate with staff**
- **Build relationships with teachers & counselor - Why?**
 - **Recommendations & Advocacy**

Lyons Township High School District 204

MY ACCOUNT

Infinte Campus canvas ClassLink CALENDAR STAFF DIRECTORY

STUDENTS PARENTS ALUMNI COMMUNITY STAFF

ABOUT LTHS ACADEMICS **ACTIVITIES** ATHLETICS STUDENT RESOURCES BOARD OF EDUCATION

Activities Clubs Events Intramurals Forms

Open

South Campus
and Freshman / New Family Welcome
Sept 8

North Campus
Sept 15

UPCOMING EVENTS

SEP 7 LATE START DAY
Classes begin at 9:15am
9:15 AM - 3:05 PM

SEP 8 Freshman & New Family Welcome
SC Fieldhouse
6:15 PM - 6:45 PM

South Campus Open House
7:00 PM - 9:00 PM

SEP 14 Homecoming Dance
Advance Ticket Sales Begin

LATE START DAY
Classes begin at 9:15am
9:15 AM - 3:05 PM



Student/Peer Support Reminders



Speak-Up Line & R.O.A.R - 708-588-7326
or
speakupline@lths.net (text or email)

ACT - Acknowledge - Care - Tell

Academic Resources @ LTHS

- ★ Infinite Campus & Canvas
- ★ Meet with your teacher before / after school
- ★ Referral to Lunch/Study Hall Support
- ★ Drop in Centers for Academic Subjects
 - Language Arts - B102
 - Math/Science - J208
 - Social Studies - C231
 - World Languages - C201(4A) & C214(5A)
- ★ Meet with your counselor
- ★ Testing Center - <https://www.lths.net/domain/1123>



The graphic features a dark blue background with a yellow border. At the top left is a lion's head logo. In the center, a torn piece of lined paper with a yellow pencil resting on it contains the text: "Need feedback or additional help during lunch?". Below this, the text "Visit a Drop-In Center" is written in white, followed by "find help in..." in a script font. To the right of this text are four subjects listed in large yellow font: English, Science, Social Studies, and Math. At the bottom, there is a table with four columns, each representing a subject and its corresponding room numbers.

B102	J208	C231	4A: C201 5A: C214
English	Math/ Science	Social Studies	World Languages

HOBY Scholarship

What: Hugh O'Brian Youth Leadership Provides lifelong leadership development opportunities that empower individuals to achieve their highest potential.

Who: ANY SOPHOMORE student may apply to represent LTHS at the late spring/early summer Illinois HOBY Youth Leadership conference in Chicago. It is hosted by a local Chicago University. LTHS will pay for the selected student to attend the weekend seminar. Two sophomore students will be elected.

When: Deadline, October 12th - 3pm in the South Campus Counseling Office.

Questions: Contact your Counselor

**APPLICATION FORM on
CANVAS!!**



What is Technology Center of DuPage?

TCD is your high school elective for advance career and technical education, serving juniors and senior attending school in DuPage County and Lyons Township.

18 Career Ready Programs at your fingertips!

- ★ Auto Body Repair
- ★ Automotive Technology
- ★ Computer Information & Game Design
- ★ Construction Trades
- ★ Criminal Justice
- ★ Cosmetology
- ★ Early Childhood Ed
- ★ Emergency Medical Technician (EMT)
- ★ Fire Science
- ★ HVAC/Residential Wiring
- ★ Manufacturing, CNC & Machine Tech
- ★ Medical Assistant
- ★ Medical Terminology & Health Careers
- ★ Multimedia & TV Productions
- ★ Nursing Assistant Training Program
- ★ Professional Cooking & Baking Service
- ★ Robotics & Automation Technology
- ★ Welding Technology



**FIELD TRIP SIGN UP FORM
LOCATED ON CANVAS NOW!
DEADLINE 11/11/2022**



Sophomore Year = Career Exploration

- **Why is selecting a career so important?**
- **Career Pathway Research - Talk to your counselor!**
- **Things to Consider:**
 - How long do I (realistically) plan to go to school beyond High School? 2 years? 4 years? 7 years?
 - In my area of interest - Is my job available? Is it in demand?
 - How much will I earn to start?
 - What classes or opportunities relate to my career(s) of interest here at LTHS?
 - Small Engines
 - Architectural Design
 - Aviation
 - Intro to Business
 - Intro to Healthcare Careers
 - Fash/Interior Design
 - Psychology
 - Forensics
 - Creative Writing 1 & 2



CAREER VALUES	CAREER INTERESTS	CAREER SKILLS
<ul style="list-style-type: none">• Our values shape who we are• Leads to satisfying, rewarding opportunities• What factors of a career are valuable to you?	<ul style="list-style-type: none">• Interest leads to investment• Holland's Code• Connect what you enjoy doing and how it relates to careers.	<ul style="list-style-type: none">• Jobs require specific skills• Each career/career field is different• Workforce has become more skilled overall in all industries• What are you best skilled to do?

**OPEN YOUR COMPUTERS AND GO TO
YOUR NAVIANCE PAGE**



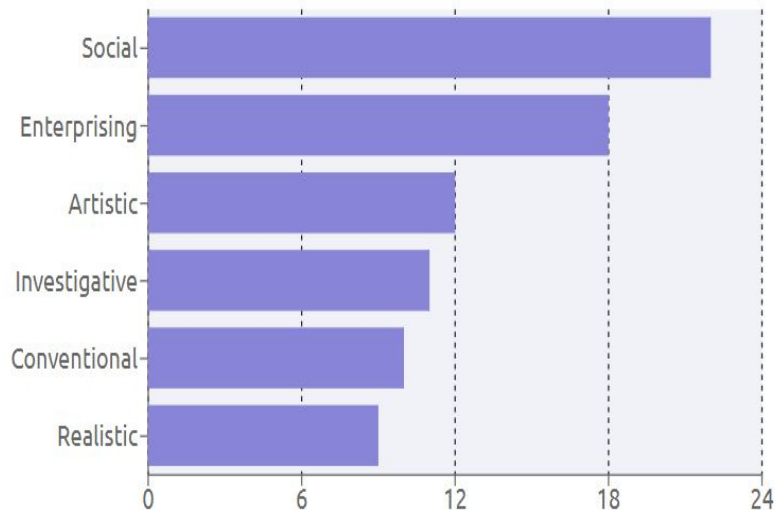


You are unique. Not every career that matches a personality type will be a match to your interests, skills, aspirations, or desired lifestyle. The trick is to discover the ones that do.



Be sure to **favorite careers** that interest you to save them for later.

Your Overall Scores by Holland Trait



Your Top Holland Traits

**SCORE: 22**

Social

HOLLAND TRAIT

Likes to do things to help people -- like, teaching, nursing, or giving first aid, providing information. Generally avoids using machines, tools, or animals to achieve a goal.

[VIEW CAREERS](#)**SCORE: 18**

Enterprising

HOLLAND TRAIT

Likes to lead and persuade people, and to sell things and ideas. Generally avoids activities that require careful observation and scientific, analytical thinking.

[VIEW CAREERS](#)



LYONS TOWNSHIP HIGH SCHOOL
FOUR YEAR ACADEMIC PLAN
 Effective with the Class of 2025

I.D. #

Name		Counselor		Date		Year of Graduation	
SOUTH CAMPUS				NORTH CAMPUS			
FRESHMAN YEAR		SOPHOMORE YEAR		JUNIOR YEAR		SENIOR YEAR	
SUMMER SCHOOL	Credit	SUMMER SCHOOL	Credit	SUMMER SCHOOL	Credit	SUMMER SCHOOL	Credit
	0		0		0		0
	0		0		0		0
SCHOOL YEAR		SCHOOL YEAR		SCHOOL YEAR		SCHOOL YEAR	
English I LEVEL	0	English II/IPC LEVEL	0	English III LEVEL	0	English IV LEVEL	0
World History	0	Civics ½ Credit LEVEL	0	U.S. History LEVEL	0	Consumer Ed ½ Credit	0
Math MATH	0	Math MATH	0	Math MATH	0		
Science SCIENCI LE	0	Science SCIENCI LE	0				
PE ½ Credit		Health ½ Credit	0	PE ½ Credit	0	PE ½ Credit	0
PE ½ Credit	0	PE ½ Credit	0	PE ½ Credit	0	PE ½ Credit	0
		Driver Ed. (Classroom)	0				
ELECTIVES:		ELECTIVES:		ELECTIVES and/or		ELECTIVES and/or	
	0		0	Technology Center of DuPage:	0	Technology Center of DuPage	0
	0		0		0		0
	0		0		0		0
	0		0		0		0
	0		0		0		0
	0		0		0		0
Creative/Practical Art Met?		Creative/Practical Art Met?		Creative/Practical Art Met?		Creative/Practical Art Met?	
				SAT Test Taken?			
Freshman Credits	0.0	Sophomore Credits	0.0	Junior Credits	0.0	Senior Credits	0.0

LTHS Graduation and Credit Requirements	
<input type="checkbox"/> English I.....	(1)
<input type="checkbox"/> English II/IPC.....	(1)
<input type="checkbox"/> English III.....	(1)
<input type="checkbox"/> English IV.....	(1)
<input type="checkbox"/> Math (Algebra).....	(1)
<input type="checkbox"/> Math (Geometry).....	(1)
<input type="checkbox"/> Math 3 rd Year.....	(1)
<input type="checkbox"/> World History.....	(1)
<input type="checkbox"/> Civics.....	(.5)
<input type="checkbox"/> U.S. History.....	(1)
<input type="checkbox"/> Science I.....	(1)
<input type="checkbox"/> Science II.....	(1)
<input type="checkbox"/> P.E. 9.....	(1)
<input type="checkbox"/> P.E. 10.....	(.5)
<input type="checkbox"/> P.E. 11.....	(1)
<input type="checkbox"/> P.E. 12.....	(1)
<input type="checkbox"/> Consumer Ed.....	(.5)
<input type="checkbox"/> Creative/Practical Art.....	(1)
<input type="checkbox"/> Driver Education.....	(.5)
<input type="checkbox"/> Health Education.....	(.5)
<input type="checkbox"/> Electives.....	(5.5)
TOTAL.....	23.0
State of Illinois College and University Requirements	
English.....	4 Credits
Math.....	3 or 4 Credits
Science.....	2 or 3 Credits
Social Studies.....	3 Credits
Foreign Language, Music, Art, Business or Vocational Education.....	2 Credits

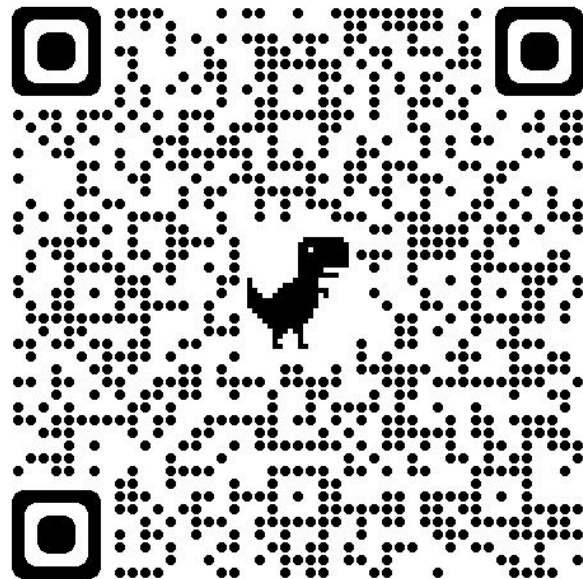
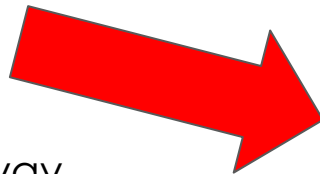
Career Pathway/Program of Study

Interests

Final Thoughts & Survey

Remember:

- CANVAS & IC are your friends - UPDATES & GRADES!
- Communicate with your counselor OFTEN for updates and with questions
- Look out for upcoming CAREER/COLLEGE/SCHOLARSHIP opportunities!
- Utilize NAVIANCE for Career Pathway Research
 - **Complete Career Clusters & Skill Surveys**
 - **Game Plan**



**FINALLY - IF YOU DID NOT COMPLETE,
SCAN QR CODE for SHORT SURVEY**