

YOUNG HEARTS FOR LIFE OPPORTUNITY

Who is this for: Freshmen, Sophomores, Juniors

What is it: Young Hearts for Life (YH4L) has an excellent opportunity for students who are participating in a philanthropic board. The YH4L Junior Board is an opportunity for service-orientated students to learn about philanthropy and to promote the YH4L mission. Members act as ambassadors to raise awareness of YH4L throughout their school communities. The Junior Board plans and executes a 5K run in April with funds raised going towards ECG screenings in underserved schools and sponsorship of a yearly AED contest. The board has raised over \$175,000.00 since its inception. Junior Board members are expected to attend monthly meetings and support service and fundraising events for the organization. Monthly Sunday meetings are typically held at Good Samaritan Hospital in Downers Grove. The Board includes students from more than a dozen high schools across Chicagoland and we are hoping to increase our membership to pre-pandemic levels.

Why students participate: There are many reasons why students participate; some have been identified with a heart condition at a screening, others know of someone who's passed of Sudden Cardiac Death, and most of the students know this is a tremendous boost to their college applications. More than 95% stay on the board for multiple years and many move into executive leadership positions.

Application due date: September 8th

Application link: <https://forms.gle/9R9PMH24HNdeWy6z8>